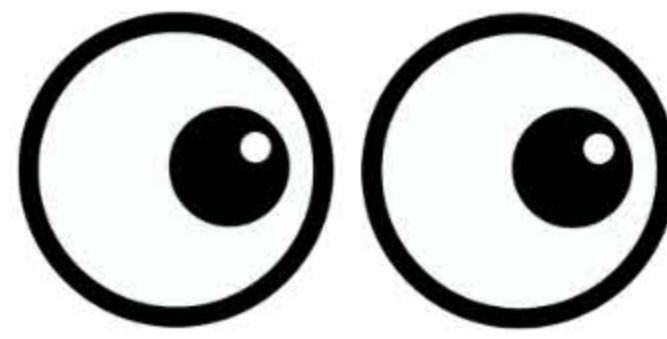




Harbour



Things I see



Feelings/emotional
resilience



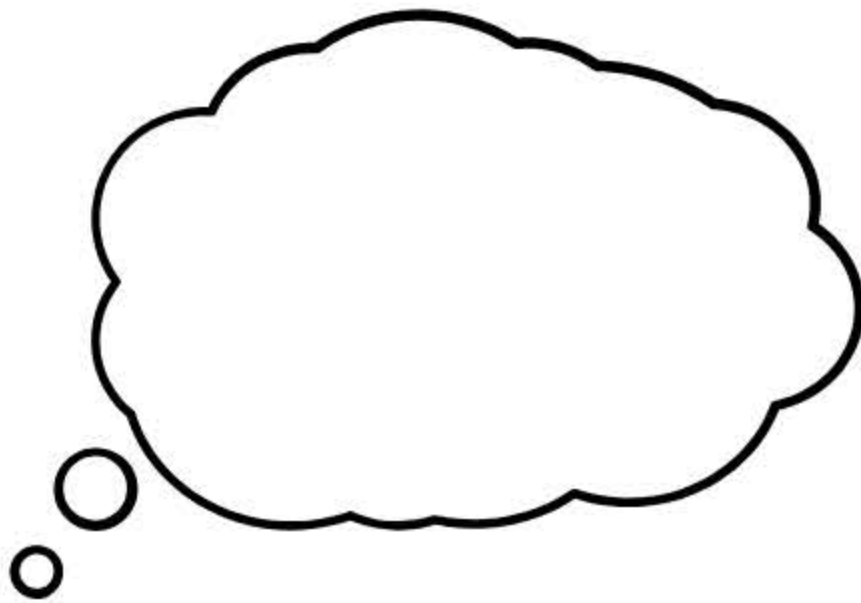
Celebrations



Things I hear



Mental health



Thoughts



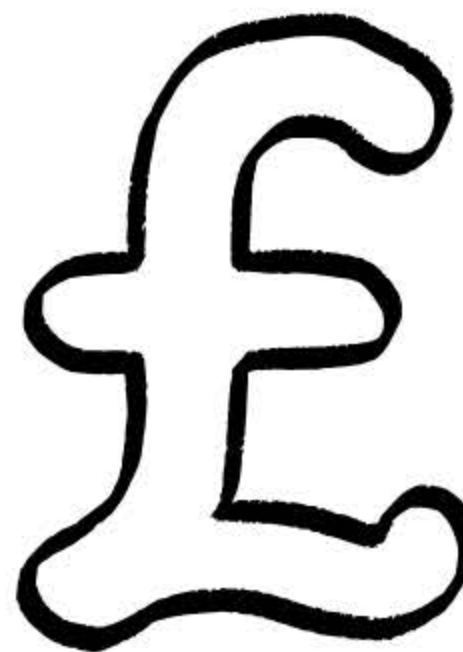
People around me,
relationships/family and
friends



Education/skills
development



Physical health



Finances



Housing



Supports in place