



Healthcare Improvement Scotland Children's Rights Report

(Children's Version)

2024-2026

About us

Healthcare Improvement Scotland is part of the National Health Service in Scotland. We call ourselves 'HIS'.

Our job is to make health services better for everyone in Scotland. We do this by:

- making rules
- giving advice
- checking services
- sharing information

We do not look after patients.

We want to tell you how we work to help to children and young people like you.

How we help you

Our leaders work to understand what children like you need from us. They want to help keep you safe.

Our children and young people working group

We have a group that helps us to include your rights in our work. They help us understand what you need to stay safe.

Learning with you

We held a 'listen and learn' meeting with our staff. We wanted to work out the best way to support you.

Provision – Helping children grow, stay safe and thrive

Scottish Patient Safety Programme (SPSP)

You have the right a healthy life and to grow up safe. We want you to grow up in places that keep you safe from harm. The Scottish Patient Safety Programme helps us do that.

Our Standards work

You have the right to be cared for safely. We have standards that make sure you are safe when you are being looked after. Doctors and nurses must follow the rules in the standards.

We wrote these standards with help from other children.

Protection – Keeping children safe

Safe hospitals

We visit hospital buildings. We talk to people who run hospitals. We look at their work to make sure it is safe. We tell other people what we see.

Our staff keep children safe from harm

We teach our staff to keep children safe. They must tell people if they are worried about the safety of a child like you.

Learning from the deaths of children and young people

If a child dies, we find out what happened. We want to see if we can stop another child dying in the same way.

Participation – letting you share your views

Complaints

You can talk to us if you are worried about your care. Or you feel something isn't right with your care. We will help you doing the right thing.

Teaching our staff about children's rights

We want our staff to know the best way to protect you. We run training and events so they can learn.

Thinking about how our work affects you

We want to know what bits of our work affect you. We look at all our work to see what could affect you.

Community engagement – listening to you

We include children in our listening work. Listening to you helps us know what we can do to keep you safe.

Our plans for 2026-2029

Following the rules - We will keep working hard to make sure we follow the rules to keep you safe. We have a plan to help us. You can ask us for a copy of the plan.

Involving you - We will speak to more children to help us do our work. This will help us understand what is important to you.

Working together - We will work together at HIS to make sure everyone knows how they are responsible for helping you.

Checking our work and making it better - We will find good ways to check our work on your rights. We will see what is going well, and fix things that need made better.

Need information in a different format? Contact our Equality, Inclusion and Human Rights Team to discuss your needs. Email his.equality@nhs.scot or call 0141 225 6999. We will consider your request and respond within 20 days.

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