

NHS Scotland Directors of Pharmacy



Scottish Unlicensed Medicines Advisory Board

NHS Scotland Agreed List of Pre-Labelled Medicines

Fourth Edition March 2023

FOREWORD

This is the fourth edition of the NHS Scotland Agreed List of Pre-labelled Medicines. This edition has been produced following input from a wide range of colleagues in NHS Scotland. As we are all aware, unwarranted variation can be harmful to patients and to healthcare. This may be due to variable clinical outcomes or increased resource use. In an area such as unscheduled care where, by the very nature of the work, planning is more difficult, it is important to put in place systems and processes to streamline activity. Part of the work of the Scottish Unlicensed Medicines Advisory Board (SUMAB) is to promote and facilitate rationalisation of manufactured, over-labelled and repackaged medicines. This Agreed List is an important part of this work.

SUMAB recognises the significant amount of work that goes in to updating this formulary and the number of changes that can occur between editions. We will therefore introduce a rolling programme of section updates in order to streamline the process and move to a more responsive, "live" list which aligns with contemporary formulary management processes.

On behalf of the Scottish Unlicensed Medicines Advisory Board (SUMAB), I want to recognise the work of a wide range of specialist groups and individuals without whom this revision would not have been possible. My thanks, in particular, go to Professor Angela Timoney, previous Chair of SUMAB and custodian of the Agreed List thus far and to Simon Bath, who has co-ordinated the review and the response to the proposed changes.

We hope you find this revision helpful and commend it to you.

Roisin Kavanagh

Chair

Scottish Unlicensed Medicines Advisory Board (SUMAB)

INTRODUCTION

The First Edition of this Formulary was published in September 2009 and for the first time, a document was available that reflected a national approach to the provision of pre-labelled medicines for unscheduled care.

The Second and Third Editions built on the approach taken with the First Edition adopting comments from individual Health Boards and incorporating revised national guidelines.

The Working Group was conscious that Health Boards were purchasing over labelled medicines for a number of uses other than in Unscheduled Care. For the Fourth Edition it was agreed that it would become a Formulary for Pre-labelled Medicine to encompass the wider usage.

The new 4th Edition is broken down into categories in line with those of the British National Formulary. Inclusion in the 'Agreed List will be based on national guidelines and recommendations from the Specialist Interest Groups.

Updates will be made following revisions to documents e.g. SIGN Guidelines, SAPG Antimicrobial Guidelines etc. It is important that such document updates are highlighted to SimonD.Bath@nhs.scot (see section - Review of the Document)

Requests for a new pre-labelled packs should be discussed and approved locally and submitted to PSS for a quote on the approved form. A copy of the form is available online or from PSS.

Simon Bath

Production Manager NHS Scotland Pharmaceutical 'Specials' Service

REVIEW OF THE DOCUMENT

The document will be reviewed on a bi-annual basis on a rolling basis by BNF section. The first review will commence six months after publishing the fourth edition to incorporate any major changes in practice or omissions in the document.

For subsequent reviews, the relevant section of the document will be sent to the Chair of the Specialist Interest Group with a two month turn around for a review and update if required. The review should consider any changes to treatment guidelines (SIGN, NICE etc.) as well as relevant primary or secondary care prescribing data. Discussions should be held within the Group to ensure that a national approach is adopted.

Suggested additions / removals should be emailed from the Group Chair back to the editor (SimonD.Bath@nhs.scot) who will update the document. The change will be recorded within version control and a notification of the update will be circulated to SUMAB and posted on the KHUB. If a new product is required, a forecast demand will be requested from each of the Health Boards before the product becomes active within the NHSS PSS inventory. In a similar way notification will be sent to Health Boards of any products which NHSS PSS intend to discontinue as a result of the review.

VERSION CONTROL

Version	Change date March 2023	Change New edition
4.0	March 2023	New edition

CONTENTS

BNF C	<u>ategory</u>	<u>Page</u>
1.	Gastro-Intestinal System	7
2.	Cardiovascular System	7
3.	Respiratory System	9
4.	Central Nervous System	9
5.	Anti-Infectives	11
6.	Endocrine	14
7.	Genito-urinary system	14
8.	Immune System and malignant disease	15
9.	Blood and nutrition	15
10.	Musculoskeletal & Joint Disease	15
11.	Eye	16
12.	Ear, nose and oropharynx	16
13.	Skin	17

1. Gastro-Intestinal System

<u>Drug and presentation</u> <u>Labelling details</u>

Bisacodyl E/C Tablets 5mg x 4 Take as directed

Cyclizine Tablets 50mg x 21 Take ONE tablet every 8 hours as required for relief

from nausea for day

Dioralyte Sachets x 6To be taken, dissolved in water, according to the

enclosed patient information leaflet

Hyoscine Butylbromide Tablets 10mg x 10 Take ONE tablet FOUR times a day

Lansoprazole Capsules 15mg x 28 Take ONE capsule in the MORNING

Lansoprazole Capsules 30mg x 28 Take ONE capsule in the MORNING

Laxido Sachets x 20 Take as directed

Loperamide Capsules 2mg x 30 Take TWO capsules initially, then ONE capsule after

each loose stool or as directed

Metoclopramide Tablets 10mg x 28 Take ONE tablet THREE times a day

Omeprazole Capsules 20mg x 7 Take ONE capsule in the MORNING

Peptac Liquid x 500ml Take ml FOUR times a day when required for

indigestion

Prochlorperazine Tablets 5mg x 28 Take ONE tablet THREE times a day

Prochlorperazine Buccal Tablets 3mg x 8 Use tablets TWICE a day

Sennosides B Tablets 7.5mg x 20 Take TWO tablets at NIGHT

Sennosides B Syrup 7.5mg/5ml x 150ml Giveml at BEDTIME as directed

2. Cardiovascular System

<u>Drug and presentation</u> <u>Labelling details</u>

Apixaban Tablets 2.5mg x 20 Take ONE tablet TWICE a day

Apixaban Tablets 2.5mg x 56 Take TWO tablets TWICE a day for ONE week, then reduce

to ONE tablet TWICE a day thereafter

Apixaban Tablets 5mg x 12 Take TWO tablets TWICE a day

Apixaban Tablets 5mg x 56 Take ONE tablet TWICE a day

Aspirin Tablets 75mg x 28 Take tablet(s) in the MORNING

Atorvastatin Tablets 40mg x 28 Take ONE tablets DAILY

Atrovastatin Tablets 80mg x 28 Take ONE tablets DAILY

Bisoprolol Tablets 1.25mg x 28 Take tablet(s) DAILY

Bisoprolol Tablets 2.5mg x 28	Take tablet(s) DAILY
Clopidogrel Tablets 75mg x 28	Take ONE tablet DAILY
Dalteparin Sodium PFS 2,500 IU x 10	Inject the contents of ONE syringe subcutaneously DAILY as directed
Dalteparin Sodium PFS 5,000 IU x 10	Inject the contents of ONE syringe subcutaneously DAILY as directed
Dalteparin Sodium PFS 7,500 IU x 10	Inject the contents of ONE syringe subcutaneously DAILY as directed
Dalteparin Sodium PFS 10,000 IU x 5	Inject the contents of ONE syringe subcutaneously DAILY as directed
Dalteparin Sodium PFS 12,500 IU x 5	Inject the contents of ONE syringe subcutaneously DAILY as directed
Dalteparin Sodium PFS 15,000 IU x 5	Inject the contents of ONE syringe subcutaneously DAILY as directed
Dalteparin Sodium PFS 18,000 IU x 5	Inject the contents of ONE syringe subcutaneously DAILY as directed
Enoxparin Sodium PFS 20mg x 10	Inject the contents of ONE syringe subcutaneously DAILY as directed
Enoxaparin Sodium PFS 40mg x 10	Inject the contents of ONE syringe subcutaneously DAILY as directed
Enoxaparin Sodium PFS 60mg x 10	Inject the contents of ONE syringe subcutaneously DAILY as directed
Enoxaparin Sodium PFS 80mg x 10	Inject the contents of ONE syringe subcutaneously DAILY as directed
Edoxaban Tablets 30mg x 28	Take ONE tablet DAILY
Edoxaban Tablets 60mg x 28	Take ONE tablet DAILY
Furosemide Tablets 40mg x28	Take tablet(s) in the MORNING
Glyceryl Trinitrate Spray 400 micrograms x 75 dose	Spray ONE or TWO metered doses under the tongue as required for chest pain

3. Respiratory System

<u>Drug and presentation</u> <u>Labelling details</u>

Cetirizine Tablets 10mg x 7 Take ONE tablet in the MORNING

Chlorphenamine Tablets 4mg x 28 Take ONE tablet every 4 to 6 hours when required

Chlorphenamine Syrup 2mg/5ml x 150ml Giveml times a day

Prednisolone Tablets 5mg x 28 Give /Taketablet(s) in the MORNING for.... days

Salbutamol Inhaler 100 micrograms x 1 Inhale puffs via spacer as directed

Salbutamol Inhaler 100 micrograms x 1 Inhal TWO puffs as directed

4. Central Nervous System

Drug and presentation Labelling details Chlordiazepoxide Capsules 5mg x4 Take ONE capsule FOUR times a day Chlordiazepoxide Capsules 10mg x 1 Take ONE capsule at bedtime Chlordiazepoxide Capsules 10mg x 2 Take ONE capsule at breakfast, and ONE at bedtime Chlordiazepoxide Capsules 10mg x 3 Take ONE at breakfast, ONE at dinnertime, and ONE at bedtime Chlordiazepoxide Capsules 10mg x 4 Take ONE capsule FOUR times a day Chlordiazepoxide Capsules 10mg x 5 Take ONE capsule at breakfast, TWO at dinnertime, and TWO at bedtime Chlordiazepoxide Capsules 10mg x 6 Take TWO capsules at breakfast, TWO at dinnertime, and TWO at bedtime Chlordiazepoxide Capsules 10mg x 7 Take TWO capsules in the morning, ONE at lunchtime, TWO at teatime and TWO at bedtime Chlordiazepoxide Capsules 10mg x 8 Take TWO capsules FOUR times a day Chlordiazepoxide Capsules 10mg x 12 Take THREE capsules FOUR times a day Chlordiazepoxide Capsules 10mg x 16 Take FOUR capsules FOUR times a day Chlordiazepoxide Capsules 10mg x 20 Take FIVE capsules FOUR times a day Co-Codamol Tablets 8/500 x 32 Take ONE or TWO tablets every 4 to 6 hours as required for pain relief Co-Codamol Tablets 30/500 x 30 Take ONE or TWO tablets every 4 to 6 hours as required for

pain relief

Co-Codamol Tablets Effervescent 30/500 x 12	Take ONE or TWO tablets dissolved in water every 4 to 6 hours as required for pain relief
Codeine Phosphate Tablets 15mg x 28	Take tablets every SIX hours as required for relief of pain
Diazepam Tablets 2mg x 6	To be taken as directed
Diazepam Tablets 5mg x 6	To be taken as directed
Dihydrocodeine Tablets 30mg x 14	Take ONE tablet every FOUR to SIX hours as required for relief from pain
Dihydrocodeine Tablets 30mg x 28	Take ONE tablet every FOUR to SIX hours as required for relief from pain
Morphine Sulfate Oral Solution 10mg/5ml x 100ml	Take ONE 5ml spoonful every FOUR to SIX hours as required for relief from pain
Paracetamol Tablets 500mg x 32	Take TWO tablets every 4 to 6 hours as required for pain relief
Paracetamol Susp S/F 120mg/5ml x 100ml	Giveml every 4 to 6 hours as required for pain relief
Paracetamol Susp S/F 250mg/5ml x 100ml	Giveml every 4 to 6 hours as required for pain relief
Sumatriptan Tablets 50mg x 6	Take as directed. Read the enclosed information leaflet

5. Anti-Infectives

This section has been reviewed and agreed with the Association of Scottish Antimicrobial Pharmacists (ASAP) and Scottish Antimicrobial Prescribing Group (SAPG).

The pack sizes and directions have been standardised to, as far as possible, make them suitable for community settings but also hospital settings (e.g. Emergency Departments, hospital outpatients and hospital wards to complete courses on discharge). Use for adult and paediatric patients has also been considered.

The principles of good antimicrobial stewardship have been applied to ensure doses and course lengths are appropriate and meet national guidelines, with the overall aim of reducing antimicrobial consumption and resistance. Prescribers should follow guidance in their local NHS Board Antimicrobial guidelines which advise on dose and duration for all common infections.

To ensure stewardship principles continue to be applied, ASAP and SAPG recommend that NHS Board procurement teams discuss any new requests for antimicrobial packs with their Antimicrobial teams prior to submitting a request to NHS Scotland Pharmaceutical Specials Service (NHSS PSS). NHS PSS will discuss with ASAP members if requests for a new pack size or directions are received from a number of Boards to ensure standardised use where possible across NHS Scotland.

Drug and presentation	Labelling details
Aciclovir Tablets 200mg x 25	Take ONE tablet FIVE times a day for five days
Aciclovir Tablets 200mg x 28	Take ONE tablet FOUR times a day for 7 days
Aciclovir Tablets 400mg x 56	Take ONE tablet times a day for days
Aciclovir Tablets 400mg x 15	Take ONE tablet THREE times a day
Aciclovir Tablets 800mg x 6	Take ONE tablet THREE times a day for TWO days
Aciclovir Tablets 800mg x 35	Take ONE tablet FIVE times a day
Amoxicillin Capsules 500mg x 9	Take capsule(s) THREE times a day for days
Amoxicillin Capsules 500mg x 15	Take capsule(s) THREE times a day for days
Amoxicillin Capsules 500mg x 21	Takecapsule(s) THREE times a day for days
Amoxicillin Syrup 125mg/5ml x 100ml	Givedays (only supplied if Kent Pharma licenced product not available)
Amoxicillin Syrup 250mg/5ml x 100ml	Givedays (only supplied if Kent Pharma licenced product not available)
Azithromycin Tablets 250mg x 8	Take FOUR tablets as a single dose on day 1, followed by TWO daily on day 2 and 3
Azithromycin Suspension 200mg/5ml x 15ml	Giveml ONCE daily for 3 days
Cefalexin Capsules 500mg x 9 N.B. only indicated for UTI	Take capsule(s) times a day for Days
Cefalexin Capsules 500mg x 14 N.B. only indicated for UTI	Take capsule(s) times a day for days
Cefalexin Capsules 500mg x 21 N.B. only indicated for UTI	Take capsule(s) times a day fordays

Cefalexin Suspension 125mg/5ml x 100ml <i>N.B. only indicated for UTI</i>	Giveml THREE times a day for THREE days
Cefalexin Suspension 250mg/5ml x 100ml N.B. only indicated for UTI	Giveml THREE times a day for THREE days
Ciprofloxacin Tablets 250mg x 2 (for meningitis prophylaxis)	Give tablet(s) as a single dose
Ciprofloxacin Tablets 250mg x 14	Take ONE tablet TWICE a day for days
Ciprofloxacin Tablets 250mg x 28	Starting on Day 8, taken ONE tablet TWICE a day for 14 days
Ciprofloxacin Tablets 500mg x 6	Take ONE tablet TWICE a day
Ciprofloxacin Tablets 500mg x 14	Take ONE tablet TWICE a day for days
Ciprofloxacin Tablets 500mg x 10	Take ONE tablet TWICE a day for days
Ciprofloxacin Tablets 750mg x 3	Give tablet(s) as a single dose Take ONE on the morning of surgery, ONE on the evening of surgery, and ONE the following MORNING.
Clarithromycin Tablets 500mg x 10	Take ONE tablet TWICE a day for days.
Clarithromycin Suspension 125mg/5ml x 100ml	Giveml TWICE a day fordays
Clarithromycin Suspension 250mg/5ml x 100ml	Giveml TWICE a day fordays
	Givedays Take capsules times a day for days
x 100ml	
x 100ml Clindamycin Capsules 150mg x 45	Take capsules times a day for days
x 100ml Clindamycin Capsules 150mg x 45 Clindamycin Capsules 150mg x 60	Take capsules times a day for days Take capsules times a day for days
x 100ml Clindamycin Capsules 150mg x 45 Clindamycin Capsules 150mg x 60 Co-Amoxiclav Tablets 375mg x 21	Take capsules times a day for days Take capsules times a day for days Take ONE tablet THREE times a day.
x 100ml Clindamycin Capsules 150mg x 45 Clindamycin Capsules 150mg x 60 Co-Amoxiclav Tablets 375mg x 21 Co-Amoxiclav Tablets 625mg x 9	Take capsules times a day for days Take capsules times a day for days Take ONE tablet THREE times a day. Take ONE tablet THREE times a day for days
x 100ml Clindamycin Capsules 150mg x 45 Clindamycin Capsules 150mg x 60 Co-Amoxiclav Tablets 375mg x 21 Co-Amoxiclav Tablets 625mg x 9 Co-Amoxiclav Tablets 625mg x 15	Take capsules times a day for days Take capsules times a day for days Take ONE tablet THREE times a day. Take ONE tablet THREE times a day for days Take ONE tablet THREE times a day for days
x 100ml Clindamycin Capsules 150mg x 45 Clindamycin Capsules 150mg x 60 Co-Amoxiclav Tablets 375mg x 21 Co-Amoxiclav Tablets 625mg x 9 Co-Amoxiclav Tablets 625mg x 15 Co-Amoxiclav Tablets 625mg x 21 Co-Amoxiclav Tablets 625mg x 21	Take capsules times a day for days Take capsules times a day for days Take ONE tablet THREE times a day. Take ONE tablet THREE times a day for days Take ONE tablet THREE times a day for days Take ONE tablet THREE times a day for days
x 100ml Clindamycin Capsules 150mg x 45 Clindamycin Capsules 150mg x 60 Co-Amoxiclav Tablets 375mg x 21 Co-Amoxiclav Tablets 625mg x 9 Co-Amoxiclav Tablets 625mg x 15 Co-Amoxiclav Tablets 625mg x 21 Co-Amoxiclav Tablets 625mg x 21 Co-Amoxiclav Suspension 125/31 x 100ml Co-Amoxiclav Suspension 250/62 x	Take capsules times a day for days Take ONE tablet THREE times a day. Take ONE tablet THREE times a day for days Take ONE tablet THREE times a day for days Take ONE tablet THREE times a day for days Take ONE tablet THREE times a day for days Give
Clindamycin Capsules 150mg x 45 Clindamycin Capsules 150mg x 60 Co-Amoxiclav Tablets 375mg x 21 Co-Amoxiclav Tablets 625mg x 9 Co-Amoxiclav Tablets 625mg x 15 Co-Amoxiclav Tablets 625mg x 21 Co-Amoxiclav Tablets 625mg x 21 Co-Amoxiclav Suspension 125/31 x 100ml Co-Amoxiclav Suspension 250/62 x 100ml Co-Amoxiclav Duo Suspension 400/57 x	Take capsules times a day for days Take capsules times a day for days Take ONE tablet THREE times a day. Take ONE tablet THREE times a day for days Take ONE tablet THREE times a day for days Take ONE tablet THREE times a day for days Give
Clindamycin Capsules 150mg x 45 Clindamycin Capsules 150mg x 60 Co-Amoxiclav Tablets 375mg x 21 Co-Amoxiclav Tablets 625mg x 9 Co-Amoxiclav Tablets 625mg x 15 Co-Amoxiclav Tablets 625mg x 21 Co-Amoxiclav Tablets 625mg x 21 Co-Amoxiclav Suspension 125/31 x 100ml Co-Amoxiclav Suspension 250/62 x 100ml Co-Amoxiclav Duo Suspension 400/57 x 35ml Co-Amoxiclav Duo Suspension 400/57 x	Take capsules times a day for days Take capsules times a day for days Take ONE tablet THREE times a day. Take ONE tablet THREE times a day for days Take ONE tablet THREE times a day for days Take ONE tablet THREE times a day for days Giveml THREE times a day for days Giveml THREE times a day for days

Co-Trimoxazole Tablets 480mg x 28	Take TWO tablets TWICE a day for days
_	, ,
Co-Trimoxazole Tablets 480mg x 28	Take TWO tablets in the MORNING on Mondays, Wednesdays and Friday.
Doxycycline Capsules 100mg x 6 (COPD)	Take TWO capsules on first day then take ONE capsule daily for 4 days
Doxycycline Capsules 100mg x 6	Take ONE capsule TWICE a day for days
Doxycycline Capsules 100mg x 14	Take ONE capsule TWICE daily for days (only supplied if Kent Pharma licenced product not available)
Emtricitabine /Tenofovir Tablets 200mg/245mg x 30 (PrEP)	Take ONE daily or as directed.
Erythromycin Tablets 250mg x 20	Take tablet(s) FOUR times a day for days
Flucloxacillin Capsules 250mg x 20	Give/Take ONE capsule FOUR times a day for days
Flucloxacillin Capsules 500mg x 20	Take capsule(s) FOUR times a day for days
Flucloxacillin Capsules 500mg x 28	Take capsule(s) FOUR times a day for days
Flucloxacillin Syrup 125mg/5ml x 100ml	Giveml FOUR times a day fordays
Flucloxacillin Syrup 250mg/5ml x 100ml	Givedays
Fluconazole Capsules 50mg x 7	Take ONE capsule DAILY
Fluconazole Capsules 50mg x 14	Take TWO capsules at the same time each day
Metronidazole Tablets 400mg x 3	Take ONE tablet at 3pm, 4pm and at 10pm the day before surgery
Metronidazole Tablets 400mg x 5	Take FIVE tablets as a single dose as directed
Metronidazole Tablets 400mg x 9	Take ONE tablet THREE times a day for days
Metronidazole Tablets 400mg x 10	Take ONE tablet TWICE a day for days
Metroniazole Tablets 400mg x 14	Take ONE tablet TWICE a day for days
Metronidazole Tablets 400mg x 28	Take ONE tablet TWICE a day for days
Metronidazole Tablets 400mg x 15	Take ONE tablet times a day for days
Metronidazole Tablets 400mg x 21	Take ONE tablet THREE times a day for days
Neomycin Tablets 500mg x 6	Take ONE tablet at 3pm, 4pm and at 10pm the day before surgery
Nitrofurantoin M/R Capsules 100mg x 6	Take ONE capsule TWICE a day for THREE days
Nitrofurantoin M/R Capsules 100mg x 14	Take ONE capsule TWICE a day for SEVEN days
Nitrofurantoin Capsules 50mg x 28	Take ONE capsule FOUR times a day for days
Nystatin Suspension 100,000 units/ml x 30ml	Use 1ml FOUR times a day
Ofloxacin Tablets 200mg x 28	Take tablet(s) times a day for days.

Ofloxacin Tablets 400mg x 14	Take tablet(s) times a day for days.
Penicillin V Tablets 250mg x 40	Take tablet(s) FOUR times a day for days
Penicillin V Solution 125mg/5ml x 100ml	Giveml FOUR times a day fordays (only supplied if Kent Pharma licenced product not available)
Penicillin V Solution 250mg/5ml x 100ml	Givedays (only supplied if Kent Pharma licenced product not available)
Pivmecillinam tablets 200mg x 10	Take TWO tablets THREE times a day for days
Pivmecillinam tablets 200mg x 42	Take TWO tablets THREE times a day for days
Post Exposure Prophylaxis Kit (7 day pack)	Take as directed
Post Exposure Prophylaxis Kit (21 day pack)	Take as directed
Post Exposure Prophylaxis Kit (30 day pack)	Take as directed
Trimethoprim Tablets 200mg x 6	Take ONE tablet TWICE a day for THREE days (only supplied if Kent Pharma licenced product not available)
Trimethoprim Tablets 200mg x 14	Take ONE tablet TWICE a day for SEVEN days (only supplied if Kent Pharma licenced product not available)
Trimethoprim Suspension 50mg/5ml x 100ml	Give days

6. Endocrine

<u>Drug and presentation</u> <u>Labelling details</u>

No overlabelled medicines currently within this section

7. Genito-Urinary Tract Disorders

Drug and presentation	<u>Labelling details</u>
Clotrimazole Pessary 500mg x 1	Insert ONE pessary into the vagina at NIGHT as directed
Fluconazole capsules 150mg	Take ONE capsule as a single dose
Levonorgestrel Tablet 1.5mg x 1	Take tablet as soon as possible, preferably within 12 hours, but no later than 72 hours after unprotected sex
Mifepristone Tablets 200mg x 1	Take ONE tablet as directed on Day 1
Misoprostol Tablets 200microgram x 2	Either place TWO tablets under the tongue TWO hours before the procedure and retain for 30 minutes OR insert TWO tablets as high as possible into the vagina TWO hours before the procedure

Misoprostol Tablets 200microgram x 6 Either place FOUR tablets under the tongue TWO hours and

retain for 30 minutes OR insert FOUR tablets as high as possible into the vagina. Place another TWO tablets under

the tongue for 30 minutes after 4 hours

Ulipristal Acetate Tablets 30mg x 1 The treatment consists of one tablet to be taken orally as

soon as possible, but no later than 120 hours (5 days) after

unprotected intercourse or contraceptive failure.

8. Immune system and malignant disease

<u>Drug and presentation</u> <u>Labelling details</u>

No overlabelled medicines currently within this section

9. Blood and nutrition

<u>Drug and presentation</u> <u>Labelling details</u>

Abidec Drops 1 x 25ml Give 0.6ml DAILY as directed

Accrete D3 Tablets x 60 Take ONE tablet TWICE a day

Ferrous Fumarate Tablets 210mg x 84 Take ONE tablet THREE times a day

Ferrous Sulfate Tablets 200mg Take ONE tablet THREE times a day

Folic Acid Tablets 5mg x 28 Take ONE tablet DAILY

Sodium Feredetate Oral Solution Givemls times a day

10. Musculoskeletal & Joint Disease

Drug and presentation	Labelling details
Diclofenac Sodium Tablets 50mg x 28	Take ONE tablet THREE times a day
lbuprofen Tablets 400mg x 24	Take ONE tablet every 4 to 6 hours as required for pain relief
Ibuprofen Syrup 100mg/5ml x 100ml	Give ml times a day as required for pain relief
Naproxen Tablets 250mg x 28	Take tablet(s) times a day

11. Ophthalmic

Drug and presentation	Labelling details
Carbomer Eye Gel 0.2% x 10g	Place ONE drop into RIGHT / LEFT / BOTH eye(s) times a day
Chloramphenicol Eye Drops 0.5% x 10ml	Put ONE drop into theeye(s) every TWO hours for TWO days, then reduce to ONE drop FOUR times a day
Chloramphenicol Eye Ointment 1% x 4g	Applytimes a day into theeye(s)
Dexamethasone Eye Drops (Maxidex) 0.1% x 5ml	Put ONE / TWO drops into eye(s) times a day
Dexamethasone Minims 0.1% x 30	Put ONE drop into RIGHT / LEFT / BOTH eye(s) times a day
Fluorometholone Eye Drops 0.1% x 10ml	Put ONE drop into RIGHT / LEFT / BOTH eye(s) times a day
Fusidic Acid Eye Drops 1% x 5g	Put ONE drop TWICE a day into eye(s)
Hylo-Night Eye Ointment x5g	Apply into the RIGHT / LEFT / BOTH eye(s) times a day
Hypromellose Eye Drops 0.3% x 10ml	Put ONE / TWO drop(s) into RIGHT / LEFT / BOTH eye(s) times a day
Latanoprost Eye Drops 500mcg/ml x 5ml	Put ONE drop into RIGHT / LEFT / BOTH eye(s) ONCE daily as directed
Maxitrol Eye Drops	Put ONE drop intoeye(s) time(s) daily. Shake well before using.
Prednisolone Acetate Eye Drops (PredForte) 1% x 5ml	Put ONE drop into RIGHT / LEFT / BOTH eye(s) times a day
Sodium Hyaluronate Eye Drops 0.2% 10ml	Put ONE drop into RIGHT / LEFT / BOTH eye(s) times a day
Sodium Hyaluronate Eye Drops 0.4% 30 x 0.5ml	Put ONE drop into eye(s) times a day

12. Ear, nose and oropharynx

Drug and presentation	Labelling details
Benzdyamine Spray 0.15% x 30ml	Use 4-8 sprays into the mouth every ONE and a HALF to THREE hours as directed
Benzdyamine Spray 0.15% x 30ml (paeds)	Spray puff(s) in the mouthtimes a day
Benzdyamine Mouthwash 0.15% x 300ml	Use 15ml as a mouthwash FOUR times a day

Chlorhexidine Digluconate Mouthwash 0.2% 300ml	Use 10ml as a mouthwash TWICE a day
Mupirocin Nasal Ointment 2% x 3g	Apply to each nostril THREE times a day for FIVE days
Naseptin Cream x 15g	Apply times a day to each nostril as directed.

13. Skin

<u>Drug and presentation</u>	<u>Labelling details</u>
Aciclovir Cream 5% x 2g	Apply FIVE times a day as directed
Betamethasone Dipropionate Ointment 0.05% x 30g	Apply ONCE or TWICE a day as directed
Clobetasol Propionate Ointment 0.05% x 30g	Apply ONCE or TWICE a day as directed.
Clobetasone Butyrate Ointment 0.05% x 30g	Apply ONCE or TWICE a day as directed.
Clotrimazole Cream 1% x 20g	Apply sparingly as directed
Hydrocortisone Cream 1% x 30g	Apply TWICE a day as directed
8-MOP Tablets 10mg x 3	Take as directed
8-MOP Tablets 10mg x 4	Take as directed
8-MOP Tablets 10mg x 5	Take as directed
8-MOP Tablets 10mg x 6	Take as directed

ACKNOWLEDGEMENTS

The Working Group is indebted to colleagues throughout NHS Scotland who have contributed to revision of this important national document. Their contributions have resulted in a document that reflects current best practice and takes account of differing requirements across NHS Scotland.